

**30th ANNUAL WINTER FUN RUN
JANUARY 10, 2010
CAPE COD ROAD RUNNERS &
BOURNE CONSERVATION TRUST**

Imagine that, 30 and still going strong!! This is an open invitation for runners to join on the second Sunday of the New Year for a 4.9 mile run followed by a social get together, awards ceremony and refreshments.

The proceeds will be donated to the Bourne Conservation Trust, a private non-profit organization which obtains parcels of land in the town of Bourne for the purpose of conservation and recreation.

Meet at the Weary Travelers Club, January 10, 2010
Starting time is 10:30 A.M. Snow or Shine
Participation fee is \$15.00 (Day of race) \$12.00 (pre-entry)
Water is available before, after and at 2.5 miles
Quahog chowder and Fritters following the race.
Free cotton gloves to all participants
Awards in age categories Men's & Women's

Jr., Open, Submaster, Master, Senior, Super Senior & over 70
Participants are required to complete the form below.
Participants are urged to pre-register but post entrants are welcome prior to 10:00 A.M. race day

Directions: From the Bourne Bridge take Rt 28 South about 1.5 miles. Turn right on Clay Pond Road (at the Irving Gas Station) then take the third road on the left - Valley Bars Road. I put a sign at this corner on race day. Continue until you see the W. T. Club.

For more information call Bob Burt eves or weekends 508-759-8364
or Steve Ballentine weekdays 508-563-2800.
E-MAIL for info or forms: bobburt@verizon.net
Also web site: www.capecodroadrunners.com

Make checks payable to BOURNE CONSERVATION TRUST or B.C.T.
Mail to Steve Ballentine P.O. Box 457, Cataumet Ma. 02534

NAME _____ AGE _____ M _____ F _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
TEL # _____

In consideration of this being accepted, I hereby for myself, heirs, executors and administrators, waive and release any and all right and claim damages I may have against the Cape Cod Road Runners, Weary Travelers Club, Town of Bourne or their agents, representatives, successors and assigns for any and all injuries suffered by me at said event or while traveling to or returning therefrom.

SIGNATURE _____
Parent if Applicant is a minor